Gurudev’s 62nd Birthday Celebrated Across the Globe

The Art of Living’s founder, Gurudev Sri Sri Ravi Shankar’s 62nd birthday was celebrated on May 13, 2018, with great fanfare by millions of devotees across the globe, each in their own unique way expressing gratitude to the one who has given them a new life. While thousands flocked to the Bangalore Ashram to spend their day with their beloved Master and meditate with him on his birthday, thousands of others expressed their love and joy through various forms of service in their own centers.

The Bangalore Ashram were a festive look, the atmosphere rife with a bubbling enthusiasm as thousands gathered to celebrate Gurudev’s birthday. Youth serving in the ashram had been preparing well in advance for this day. Some spent hours in Café Vishala, pouring all their love into baking a 500 kilogram birthday cake for Gurudev. Still others sang songs and played instruments enthralling all who had gathered with soulful music at the satsang. The agricultural department presented Gurudev with a garland made of 13 different varieties of flowers grown in the ashram and 62 different varieties of fruits and vegetables, all grown by the permaculture department in the ashram.

Addressing all those who were at the ashram and all who were watching the celebrations online, Gurudev said, “The day you are born, you create happiness. When you were born, your parents were so happy and you created so many relations. You made someone a grandchild, someone a grandmother; you made someone father, you made someone mother, you made someone elder brother, someone elder sister, someone auntie… you gave all these titles to people the day you were born. And so you created happiness in everyone. People started distributing sweets and enjoying. This we must continue to do in our life, we must continue to create more space for everyone to be in our life and for us to be in everybody’s life. If you bring happiness to everyone’s life, you can realize that the whole Universe is one family, the world is one family. The earth, in fact, is one organism. We are one organism. We are part of one big life. And this realization, when it comes in one’s life, then every day is celebration, every moment is celebration. Everyone remember this – that you are here to create happiness, waves of happiness. I won’t just take if you simply tell me ‘Happy Birthday’. No, I won’t take it. If you really want to wish me… you know when I will receive your wishes? When you make others happy. If you make people around you happy, then I have accepted your greetings. Knowledge alone can bring happiness. Other things bring pleasure and pain, a little joy, a little comfort here and there… when you get to your center know you are the center; then nobody can take away the happiness and you will be the source of joy, source of happiness to everyone around you. The power of knowledge is that even in adverse situations you should be able to keep your smile. Adverse situations should not shake you. Even if it shakes you, it’s only for a few minutes, few seconds, but inside, the strength that you are will shine through.”

“It is important to feel grateful in life. If I am becoming an instrument for you to be grateful, it is great, it is wonderful. But don’t stop here. Everything in life, not just me, but everything in life you should feel grateful for. Not just, ‘I’m grateful to you Guruji.’ But you should be grateful that you have a human life, you should be grateful that you are here at this time of technology you should be grateful for… find any reason to be grateful. That’s good enough. Reason is unimportant. But that feeling of gratefulness is the most important.”
Clean Ganga Campaign in Allahabad
- On May 13, 2018, volunteers in Allahabad revived the Clean Ganga Campaign which had dwindled out recently due to lack of support. Street plays were also organized to motivate people to join the campaign.
- Blood Donation Camps were organized in various locations in U.P. Total 95 units of blood was collected – 33 in Sultanpur 47 in Gorakhpur 21 in Sant Kabir Nagar and 4 in Faizabad.

605 Trees Planted in Alipurduar
- Volunteers in Alipurduar planted 605 fruit bearing, ornamental, and medicinal trees on May 13, 2018, to commemorate Gurudev’s 62nd birthday. In addition they also distributed notebooks and pens to needy students.
- In Asansol, volunteers celebrated the day by serving refreshing cool drinks to passersby.

Blood Has No Religion
- At a Mega Blood Donation Camp organized in Chatra district Gurup Devi, President of the village panchayat, and Sudesh Kumar, Vice President of the Panchayat, inaugurated the camp by donating blood to 6-year-old Muhammad Aleem Ansari suffering from thalassemia. 63 units of blood was collected at the camp which saw participation of Government servants and policemen as well.
- Blood collected (in units) in various places was as follows: Shriram 50, Ranchi 43, Dhanbad 42, Latehar 38, Bokaro 32, Gidhaur 31, Jamshedpur 28, Lohardugga 24, Hazaribagh 16, Koderma 16, Palam 13, Jamtha 13, Deoghar 11, Giridih 10, and Dumka 10 units.
- Total blood collected in Jharkhand was 349 units.

Gurudev’s 62nd Birthday
- Over 3000 people had a grand feast at the bhandara organized by Shubash Shastri and Neelam Sharma – a tradition they have been following for the last 16 years. Volunteers distributed sweets and cool drinks to passersby throughout the day. The birthday celebrations were inaugurated by the local MLA Rajesh Gupta.

Saluting Laborers in Chattisgarh
- In Gugsidhi, Durg Bihari, Chattisgarh, 280+ laborers working under the MGNREGA scheme were honored. In addition, foundation stone was laid for a fair price shop in the village. Sarees distributed to over 800 women. Stoles gifted to 166 men. Food for 1000+ people. Blood donation by 13 volunteers at Sanapur District Hospital. Cleanliness campaign followed by padyatra in village Sibad, Dhamtari.

Jharkhand
- Volunteers in Solapur had organized Gurupuja in 82 locations over a period of 41 days culminating in a bhandara on May 13, 2018. Blood donation camps were also organized in various locations on May 13. The blood collected (in units) was as follows: Tadwal and adjoining village 107 units, Sangavi 33, Kerala 24, Jalna 40, Ahmadnagar 40, and Akul 101. A free blood test camp and eye check up camp were organized in Ahmadnagar.
- Clothes were distributed to 400+ families in the tribal area of Chenchpada, Gitan, and Loshamvadi. Volunteers carried out a cleanliness drive in Ghanasangani Taluka.

Rajasthan
- Celebration in Rajasthan was marked by blood donation camps, Blusuan Sandhya, feeding the needy, study material for poor children, celebrations with prison inmates, cleanliness drive, and distribution of food grains in the market place (chowraha). Blood donation camps were held in various locations and the blood collected (in units) was as follows: Bikner 151, Jaipur 70, Udaipur 53, Jodhpur 51, Kota 56, Alwar 56, and Baran 15.
**Odisha**

On his birthday, Gurudev inaugurated 38 Sri Sri Bal Vidya Kendras in Odisha via videoconference.

**Himachal Pradesh**

In Himachal Pradesh, school children planted trees and volunteers distributed clothes and stationery to 40+ slum children and gifted their school with white boards and markers.

**Madhya Pradesh**

Infant Kits Distributed to New Mothers
- Volunteers in Jabalpur visited the Jabalpur Medical College Hospital and gifted 70 new mothers with kits containing essential items for their newborn babies.
- Blood donation camps were held in Chhindwara (25 units collected), Shivpuri (51 units collected), and the district hospital in Guna (10 units collected).
- 180+ people received free treatment at a medical camp organized in Bichhua Tehsil, Chhindwara.

**Gujarat**

Treat for Slum Children
Over 300+ children from the slum areas were fed on Gurudev’s birthday. 49 poor people received free physiotherapy. Blood donation camps were held in Bhavnagar (75 units collected), Nadiad (33 units collected), and Rajkot (51 units collected).

**Haryana**

Cycle Rally for Blood Donation
On the occasion of Gurudev’s birthday, 60 Art of Living volunteers pedaled around Rewari motivating people to donate blood and save lives. As a result 125 units of blood was collected. Blood donation camps were also held in other locations where the following amount of blood (in units) was collected: Panchkula 125, Karnal 50, P grandi 30, and Rohtak 73. In Panchkula, 14 people pledged their eyes.

**Punjab**

Volunteers in Jalalabad set out in the early hours on May 13 to carry out a cleanliness drive in the streets of Jalalabad. Blood Donation Camps were held in various locations in Punjab and a total of 450 units of blood was collected. 41 units of blood was also collected in Zira, Ferozepur, and 40 units was collected in Nawanshahr as well. Volunteers donated a water camper and 200 feet of carpet to the Government Elementary School in Mandi Gobindgarh.

Volunteers carrying out a cleanliness drive in the streets of Jalalabad.

70 kits for newborn babies were distributed in Jabalpur Medical College Hospital

Sri Sri Mahila Seva Samiti donated school kits to children from underprivileged families in Burhanpur

These young cyclists rode through the streets of Rewari raising people’s awareness of how their gift of blood could save lives.
Eat Without Mobile, Drive Without Mobile

Seva Times ● Shri Ganganagar (Raj).

The Art of Living family in Shri Ganganagar launched the ‘Eat Without Mobile, Drive Without Mobile’ campaign on Guru nanb’s Birthday to raise people’s awareness about the dangers of eating or driving while using the mobile phone. Former Apex member, Sunil Agarwal, who is the main inspiration behind this campaign, says he felt a need to raise people’s awareness about the hazards of mobile use while driving when 12 innocent school children lost their lives in an accident because the driver of their school bus had been talking on his mobile with earphones on and failed to hear the warning horn from behind.

The World Health Organization (WHO) cites the use of mobile phones while driving as the ninth major cause of road accidents. Every hour, 17 lives are lost to road crashes in India. Eating food while using the mobile phone has its dangers too. Recent studies have shown that not paying attention while eating food leads to snacking which in turn leads to obesity which is related to a myriad of health problems. The campaign has received tremendous support. The Press and Social media are also being used effectively to promote the campaign. A signature campaign will also be carried out to take this message to a maximum number of people. A Missed Call campaign has also been launched in support of the ‘Eat Without Mobile, Drive Without Mobile’ campaign.

Beacon Project- Back to the Roots

Replicable models of grassroots governance to be created in 60 Panchayats in 7 districts of Jharkhand, Project will impact around 3.5 lakh people in 350 villages

Seva Times ● Ranchi (Jharkhand)

Panchayat Raj, a system of self-governance, was practiced in India as far back as 260 B.C. Mahatma Gandhi advocated this decentralized form of government as the foundation of India’s political system where each village would be responsible for its own affairs.

To realize the Mahatma’s vision, The Art of Living has embarked on a project christened ‘Beacon Gram Panchayat Project’ in collaboration with the Government of Jharkhand (Dept. of Rural Development and Panchayat Raj (RDRP)), Youth Leadership & Training Program (YLTP) of The Art of Living, and the Dept. of Good Governance & Public Policy (DGCPP) of the State University.

Through this intervention, The Art of Living aims to create a ‘strong and vibrant social platform for participation of the socially excluded communities and individuals in the governance process and create a replicable model of grassroots governance in 60 selected Panchayats in 7 districts of Jharkhand State as ‘Beacon GP’ i.e. approximately 350 village panchayats, 3.5 lakh population.

Core Principles: Two underlying principles –
1. Sankalp Se Siddhi (Attainment through resolve) and
2. Jan Bhagidari (People Participation) underpin the core ideals of this project, both prerequisites for building financially independent and thriving village economies.

Women and men seated in different groups are engaged in discussion during one of the training sessions

Empowering the Leaders

The Panchayati Raj Institution members such as Mukhiyas (Sarpanches), Ward members, especially the elected women representatives, Panchayat functionaries, Gram Rozgar Sevakis, Auxiliary Nurse Midwives, Anganwadi Workers, Panchayat Volunteers and SHGs in the chosen Gram Panchayats, will undergo training that will equip them with the know-how of village-level governance and additionally enhance their confidence and efficiency by providing The Art of Living’s signature Rural Happiness Program and Youth Leadership Training Program (YLTP). The training is led by fully capacitated and socially committed group of Yuvarachyas with the active support of committed Panchayat volunteers. So far, 376 Mukhiyas (Sarpanch) from 40 Panchayats have successfully undergone training in 5 districts of Jharkhand. ‘The training conducted by the Beacon project is outstanding. The best part is that the participants, besides learning the nitty-gritty of Panchayati Raj systems, have also learned the Art of Living! And another unique thing that has happened is that Mukhiyas have taken Sankalpas that they will go back and implement what they have learned in their own areas,” said Nanda Kholue, a CTI trainer, after attending the training.

3 More Villages in Maharashtra Become ODF

Santoshkumar Pandey ● Aurangabad

The Art of Living volunteers led by Dr. Purushottam Wayal have enabled three more villages in Maharashtra namely Narayangaon, Dhungegaon, and Vitawa in Aurangabad District to become completely Open Defecation Free. Over three hundred toilets were constructed, one for each household, within a short span of 4 months. Last year The Art of Living in association with Good Year, McCain, and their CSR scheme enabled 9 villages in Maharashtra to become ODF.

Dr. Purushottam Wayal talking to the villagers about the urgent need to use toilets

“We reach out to every villager. The need for having toilets and better hygiene is addressed. We discuss the disadvantages of open defecation and we convey why it needs to be stopped,” says Dr. Wayal adding, “Every household contributes somewhat monetarily and in terms of labor for the project, thus making it their own effort and it engages the community in the process.”

The project is a fitting tribute to the present generation of journaleers that these volunteers have gifted me with. You cannot imagine the hardships we would have to face, especially in the rainy season or when someone is sick. I am indebted to the organization,” says Kamalakari Trimbakkar Kale of Narayanghat. The impact in her life was such that she advocated for the campaign, enthusiastically undertook the basic construction labor of her toilet herself, and became a volunteer for the organization’s other activities.
Creating public awareness – volunteers at their stall in Shekhawati Utsav 2018, an annual fair that attracts thousands of visitors. Work on the project began with a Bhooma Puja performed on April 12. District Collector Dr Viny at Sukkampatti Village panchayat in Vadamadurai block inaugurated the project. The current team is working on the rejuvenation of two reeks. On May 10, 2018, the Tamil Nadu River Rejuvenation Project of The Art of Living started work on rejuvenating Palar river, starting with reviving water bodies in the Pamban Korulakinar Basin. The project seeks to rejuvenate 3000 reeks in Tamil Nadu. This is the eighth such project in the state. The project was inaugurated by Art of Volunteers along with DRDA officials of Srivaganga District. This project will benefit around 1.5-20 villages in the surrounding area.

Reviving Rivers in Drought Prone Areas of Tamil Nadu

Jagathswaran, Tamil Nadu • The Art of Living has taken up the rejuvenation of Vattalaru river in Thoothukudi. Work on the project began with a Bhooma Puja performed on April 12. District Collector Dr Viny at Sukkampatti Village panchayat in Vadamadurai block inaugurated the project. The current team is working on the rejuvenation of two reeks. On May 10, 2018, the Tamil Nadu River Rejuvenation Project of The Art of Living started work on rejuvenating Palar river, starting with reviving water bodies in the Pamban Korulakinar Basin. The project seeks to rejuvenate 3000 reeks in Tamil Nadu. This is the eighth such project in the state. The project was inaugurated by Art of Volunteers along with DRDA officials of Srivaganga District. This project will benefit around 1.5-20 villages in the surrounding area.

Permaculture – Growing our Food Wisely and Well

Paulina Koty • Bangalore

Permaculture is emerging as a system of food-production that can not only help us grow chemical-free food, but also save the planet from further degradation by addressing concerns of soil (and topsoil) health, water availability, ecological problems, and climate change. It is suitable for India as it has low investment costs and enables even small farmers to have food and livelihood security while doing agriculture in an ecologically sustainable way.

Permaculture is a sustainable, self-sufficient farming based on patterns and features seen in Nature. Pioneered by Bill Mollison and David Holmgren, permaculture refers to “permanent agriculture.” Staying for 700 years in a forest, they observed how on the hill slopes, trees flourished even though there was no standing water and though soil erosion took place. They started documenting their findings and came out with the concept of ‘Permaculture.’

There are 3 ethics of Permaculture: Earth Care (enabling all life-systems to continue and multiply), People Care (Humans should have access to Earth’s resources) and Fair Share (Taking only what we need and conserving the rest for the next generation). Designing a permaculture farm involves integrating the best of both worlds and to ecology and benefits to both humans and to ecology and draws from allied fields like organic farming, integrated farming, agroforestry and so on.

There are 12 principles of Permaculture of which 7-3 are used in the Art of Living’s International Center in Bengaluru. Binay Kumar, who heads The Permaculture Department says, “For me farming means no investment.” He conducts internships and one-day workshops in which attendees learn how to use leaf matter and other biological waste to construct beds that turn into rich, moist, and fragrant compost after 90 days. The history and the basics of permaculture design and management of water and waste are also taught.

Amazingly, seeds as well as saplings can be planted even on the newly-constructed compost beds. Mulch is used to prevent evaporation and protect soil moisture. Watering is minimal at every stage of production as plants need moisture, not water. For optimal growth. Binay rues the practice of burning leaves. Nothing can substitute the value of leaves and biomass, he emphasizes.

The Permaculture Farm at the Ashram is ever-busy with activity and a stream of course participants and visitors from far and near. Gurudev has said that everyone should learn about permaculture. To do so, join our one-day introduction workshop on the fundamentals of permaculture in all its aspects. There is no substitute for fact about not just perma, but also about the Green and the White Revolutions, about the importance of trees in agriculture, and a host of important facts about life, about earth and about life on earth.

Volunteer Creates a Life-Saving App for Thalassemia Patients

App makes blood donors available at the fingertips of Thalassemia Patients

Seva Times • Shimla (Himachal Pradesh)

On the occasion of World Thalassemia Day on May 8, 2018, a team of The Art of Living members met the Chief Minister of Himachal Pradesh, Jai Ram Thakur, 2018, at the Jharkhand Civil Services Institute in Ranchi, which was graced by Nidhi Khare, Principal Secretary, Health Department.

The festival drew to a close on May 28, 2018. Governor Draupadi Murmu was the Chief Guest at the closing ceremony.

Present on the occasion were N. N. Pandey; PN Singh; Prafulla Kumar; Rajeshwar Dayanand; Dr. Kamini Kaur; Vice President of Ranchi University; Ritu Shahdev; Dr. Naman Ahmad; Director of AUSTR; Navneet Kumar Chaush, vice president, Mission for Human Rights; Arvind; Dr. Suresh Agarwal; Deepak Kumar; Bhaskar Ujwal; and Nishant.

Rag Pickers Showing the Way for Cleaner Cities

A demonstration of yogic postures by these young performers leaves the audience spellbound.

5000+ People Attend Yoga Festival in Jharkhand

Seva Times • Ranchi (Jharkhand)

Nearly 5000 people from across the state participated in a 3-day Yoga Festival that was organized by the AUSTR, Ministry of India and The Art of Living from May 18 to May 20, 2018, at the Jharkhand Civil Services Officers’ Institute in Dimond Park, Ranchi. The program was jointly inaugurated by Ramchandra Chandravanshi, Minister of State for Health and Family Welfare and Vimal Kumar Sinha from The Art of Living.

During the 3-day festival participants learned about asanas, pranayama, shatkarmas, meditation. Dealing with addictions with the help of yoga and yoga for specially abled children were also a part of the festival.

Several competitions centered around yoga were organized as part of the festival including quiz, painting, essay and debate.

Participants also put up a colorful cultural program during the festival which started with a Saravasti Vandana by renowned Kathak Dancer, Rashika Deep. The project’s launch function was organized on May 19th, at the Rajendra Institute of Medical Sciences, Ranchi, which was graced by Nidhi Khare, Principal Secretary, Health Department.

On the day of the festival, the Speaker of the Jharkhand Legislative Assembly, Shri Hemchandra Sharma, Chandrabhan Singh, Shivam, Chandravanshi, Minister of State for Health and Family Welfare and Vimal Kumar Sinha from The Art of Living.

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Introvert Homemaker Transforms into a Dynamic Teacher

Devansh Bhasker

Life becomes meaningful when it is tied to a goal otherwise it is a rat race which most of the people are into. Seema Bhaisan, who hails from Meerut, Uttar Pradesh, currently resides in Indirapuram in the National Capital Region. Before joining The Art of Living, she was a bit of an introvert, few were few and she remained secluded in her own den. Seema says she found her life purpose after doing The Art of Living’s Happiness Program in 2006. She is now a part time teacher but works like a full time warrior along with her team. Her focus is mainly on the Prison SMART Program which is taught free to inmates in prisons around the world. These Prison SMART programs have helped rehabilitate many hardcore criminals, transforming them into civic members of the society.

After becoming a teacher, Seema started her journey with Tilhar jail where she conducted courses for about 3 months. She later on moved to Dasna jail in Ghaziabad. From 2012 onwards she has been conducting courses there and has taught more than 2000 prisoners until now. She is now the coordinator of the organization for the Dasna Prison.

Narating her experience of teaching in jail she reiterates that in the initial days she used to take courses secretly, keeping it hidden from her family members, as interacting with criminals and smugglers was considered taboo. As days passed there was a colossal change in her personality which did not go unnoticed by her family. Her secret was out of the bag but she received full fledged support from them too. Seema says, “No doubt with the courses a number of prisoners’ lives got a new meaning but teaching them has made me more vibrant and also helped me to stay positive at all times.”

Seema visits the prison every week to take followup sessions of Sadasharan Kriya. Satband and Guru Poora are now part of the weekly routine for the inmates. Even advance level courses have been conducted in the prison several times. Her work has been applauded by the jail authorities and even got published in the Dasna magazine published by Dasna jail. Seema who once used to shy away from society now has a grand family to serve and live with.

Green Evolution - Binay’s Perma Voyage

Padma Koty

We had a brief but interesting interaction with Binay Kumar, the man behind the ever-busy, ever-green Permaculture Farm at the Art of Living Centre, Bengaluru. The brainchild of the late Venkatesh Dharmaraj, the Perma Farm hosts multiple courses and events propagating the concepts and practices of permaculture (Perma(nent) Agriculture), a sustainable way of growing food.

Over the last 6 years, Binay has seen the farm’s incredible evolution from an extremely rocky 7 acre and stretch of sloped land with three scraggly amla trees to a green paradise of trees, plants, ponds, birds, insects and bees and, of course, vegetables, fruits and flowers.

Born and brought up in rural Bilhar in an agriculturist home that until 2 years back could only be reached after a 7 km. walk. Binay learnt agricultural practices from a young age doing everything manually – from sowing and harvesting to milking the cows and buffaloes. Later he took up an IT career but after 10 years he felt suffocated by corporate life. In 2007, he learnt the Sudarshan Kriya in the Art of Living’s flagship program and got involved in the organization’s service activities. In 2013, Binay was asked to take charge of the Ashram’s newly-formed Permaculture Project. As he began learning and implementing new techniques and interacting with experts from Thailand, he realized that perma is the need of the hour because it brings ecology and agriculture together but with a different approach than natural farming or organic farming. He feels ecology and agriculture are the right and the left hands of creation. On the importance of permaculture and its relevance to India, Binay says, “I may sound like an activist, but people have to realize the rate at which soil, air, and water are being destroyed Cape Town is just the beginning. Permaculture with its well-defined principles, ethics, and detailed components, helps us grow food without damaging the environment.

Binay had an ah-moment when he realized that there can be groundwater only when water is allowed to percolate into the ground. And this is what has become the guiding principle in his management of and plans for the farm. Now the water level has come up to unprecedented levels. Important, whatever is grown here is local, natural, and healthy, for humans as well as for nature and as per the sustainability norms of permaculture. Binay stresses that perma can be implemented across the globe given that people need to grow their food largely according to their climate and their environment. A shift in laws and policies is needed. People should realize the importance of growing food and that there is no other alternative. “We cannot download food from YouTube,” he quips. He always welcomes children and the young to his courses and to the farm and emphasizes that we need to examine our lifestyle choices and educate our children to become ambassadors to save the earth. “Let us take these steps, and then we can see what needs to be done next,” he signs off.

Natural Farming Yields a Bountiful Crop of Corn

Binay Kumar

The Art of Living Organic Farming trainer, Lagun, a resident of Basumprakhand, Ranchi, seems to be living up to his name. His passion for natural farming and his dedication and hard work have become an inspiration to others in his village and now they too want to follow in his footsteps and adopt natural farming techniques.

Lagun has cultivated sweet corn in about 2 acres of his land adopting natural farming techniques. Using organic seeds, manure, and pesticide, he has been able to reap a very good crop without having to spend too much. He says it cost him about Rs. 30,000 to Rs. 50,000 but the rich produce has left him a very happy and contented man. The current market price for sweet corn is around Rs. 10 per piece but Lagun is selling his corn for Rs. 15 per piece.

Lagun says natural farming techniques are easy to adopt, investment is low and the yield is more than double the investment. Lagun says, “I feel that by adopting natural farming techniques, farmers can double their income.”

Benefits of Natural Farming

- Cultivation using natural farming techniques results in a better crop and the yield is much higher.
- Investment is low in comparison to chemical farming.
- Improves the quality of the soil.
- Combats soil erosion and increases the ability of the soil to retain water.
- Use of vegetable waste to manure results in a cleaner, healthier environment.
- Fights the effects of global warming.

Currently under the Beacon Project in Jharkhand, farmers in the state are being educated on natural farming techniques. They are being taught how to make and use organic manure and pesticide and are also being taught how to start an organic nursery.

Lagun says, “Before we ask others to adopt something new we should try it ourselves. Only when we have tested the efficacy of the method ourselves can we talk to others about it with conviction.”

If you wish to support any of our projects, sponsor a YLTP Program, or adopt a village

- please contact us on 8067433616, 9620169697.
- E mail: editor.sevatimes@yltp.vvki.org
- Or Mail us at: Youth Leadership Program, The Art of Living International Center, Gate No. 1, 21st KM Kanakapura Main Road, Udupara, Bangalore, Karnataka - 560082

If you are working on any project or YLTP activities, please contact us on 8067433616, 9620169697. E mail: editor.sevatimes@yltp.vvki.org

Youth Leadership Program (YLTP) and Dharma Shrama Youjana (DSY) are service initiatives of Vyakti Vikas Kendra, India (The Art of Living), a registered charitable Trust, head quartered in Bangalore with its registered office at No. 19, 39th A Cross, 11th Main, IV T Block, Jayanagar, Bangalore - 560041
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